



## Health and Social Care Overview – Year 10

The Pearson Tech Award in Health and Social Care equips students with the skills and knowledge to progress onto further study in the Health Care sector. Your child will study five hours a fortnight in this option completing their first coursework project during Year 10 that will contribute to your child's final qualification grade:

	Autumn	Spring	Summer
Topic(s)	Component 1: Human Lifespan Development	Component 1: Human Lifespan Development	Component 2: Health and Social Care Services and Values
Topic Objectives	Learning Outcome A: Understand human growth and development across life stages and the factors that affect it	Learning Outcome B: Understand how individuals deal with life events	Learning Outcome A: Understand the different types of health and social care services and barriers to accessing them
Acquired Knowledge/Skills	<ul style="list-style-type: none"> <li>Exploring different aspects of growth and development across the life stages using the physical, intellectual, emotional and social (PIES) classification.</li> <li>Investigating life stages and their expected key characteristics: infancy, early childhood, adolescence, early adulthood, middle adulthood, later adulthood.</li> <li>Analysing different factors that can affect an individual's growth and development.</li> <li>Identifying how factors impact on different aspects of growth and development in both positive and negative ways: physical factors, lifestyle factors, emotional factors, cultural factors, environmental factors: economic factors.</li> </ul>	<ul style="list-style-type: none"> <li>Exploring life events that occur in an individual's life/ PIES development: health and wellbeing, relationship changes, life circumstances.</li> <li>Investigating how individuals can adapt or be supported through changes caused by life events. People may react very differently to the same type of event: The character traits that influence how individuals cope, the sources of support that can help individuals adapt, types of support that can help individuals adapt.</li> </ul>	<ul style="list-style-type: none"> <li>Analysing a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available.</li> <li>Exploring a range of social care needs and how these can be met by the social care services that are available.</li> <li>Investigating barriers to Health and Social Care: physical barriers, barriers to people with sensory disability, barriers to people with different social and cultural backgrounds, barriers to people that speak English as an additional language or those who have language or speech impairments, geographical barriers, barriers for people with learning disabilities, financial barriers.</li> </ul>
Assessments	Pearson (exam board) Set Assignment worth 30% of final qualification grade	Pearson (exam board) Set Assignment worth 30% of final qualification grade	Pearson (exam board) Set Assignment worth 30% of final qualification grade
Citizenship	<ul style="list-style-type: none"> <li><b>PSHE Development:</b></li> </ul> <p>Teamwork &amp; Collaboration: Studying Health and Social Care helps students build teamwork skills through shared tasks and collaborative discussions.</p> <p>Confidence &amp; Self-Esteem: Presenting ideas and completing coursework in this subject develops students' confidence in their abilities.</p> <p>Empathy &amp; Appreciation of Others: Learning about diverse developmental needs encourages students to become more empathetic and understanding of others' experiences.</p> <p>Responsibility &amp; Accountability: Managing assignments and independent research promotes strong organisational skills and personal responsibility.</p> <p>Resilience &amp; Growth Mindset: Engaging with challenging content and responding to feedback helps students build resilience and a positive, improvement-focused mindset.</p> <p>Emotional Expression &amp; Reflection: Exploring human development supports students in expressing ideas clearly and reflecting on emotions and behaviours.</p>		

Social Awareness & Analytical Thinking: Understanding how different factors influence lifespan enhances students' social awareness and analytical skills.

- **Careers Education:**

Teamwork & Collaboration: Working together helps students develop cooperation skills. These are essential in professional Health Care settings.

Communication Skills: Explaining ideas, sharing observations, giving feedback strengthen clear communication. This is important when working with patients, families and professionals.

Creativity & Resource Design: Designing activities and making learning resources builds creativity and problem-solving skills. These help students plan engaging, age-appropriate experiences.

Time Management & Organisation: Planning tasks, meeting deadlines, and preparing resources teach students to stay organised. These skills support smooth routines in professional Health Care environments.

Confidence & Professional Presentation: Completing work and presenting ideas boosts students' confidence. This is valuable when interacting with others.

Analytical & Reflective Skills: Observing patients and evaluating activities develop critical thinking. These skills help students understand development.

Awareness of Health and Social Care Careers: Introduces students to early years roles such as nurse, social worker, physiotherapist.

- **Fundamental British Values:**

Democracy: Students share ideas and take joint decisions when planning activities or completing group tasks.

Rule of Law: Students follow classroom rules and health-and-safety expectations that mirror those used in Health Care settings.

Individual Liberty: Students are encouraged to express their own ideas and make informed choices in their coursework and activity designs.

Mutual Respect & Tolerance: Students work respectfully with peers and value varied perspectives on Health and Social Care.

- **SMSC Development:**

Spiritual: Reflecting on how people express emotions and experiences, linking this to understanding human growth and wellbeing in Health and Social Care.

Moral: Demonstrating responsibility and make ethical decisions in line with core care values such as safeguarding, dignity, and respect.

Social: Developing essential communication and teamwork skills through practical activities that prepare students for real Health and Social Care settings.

Cultural: Exploring how cultural beliefs and practices influence development and care needs, helping deliver inclusive, person-centred support.

## Health and Social Care Overview – Year 11



The Pearson Tech Award in Health and Social Care equips students with the skills and knowledge to progress onto further study in the Health Care sector. Your child will study five hours a fortnight in this option completing a second coursework project during Year 11 that will contribute to your child's final qualification grade. The course concludes with an exam during the summer term:

	Autumn	Spring	Summer
Topic(s)	Component 2: Health and Social Care Services and Values	Component 3: Health and Wellbeing	Component 3: Health and Wellbeing

Topic Objectives	Learning Outcome B: Understand the skills, attributes and values required to give care	AO1: Knowledge of health and wellbeing AO2: Understanding of health and wellbeing AO3: Apply knowledge and understanding of health and wellbeing AO4: Make connections between aspects of health and wellbeing	AO1: Knowledge of health and wellbeing AO2: Understanding of health and wellbeing AO3: Apply knowledge and understanding of health and wellbeing AO4: Make connections between aspects of health and wellbeing
Acquired Knowledge/Skills	<ul style="list-style-type: none"> <li>Analysing the skills and attributes that are required when delivering care.</li> <li>Investigating the values that are required when planning and delivering care.</li> <li>Exploring the personal obstacles that individuals requiring and receiving care may face.</li> <li>Evaluating how skills, attributes and values benefit individuals when receiving care.</li> </ul>	<ul style="list-style-type: none"> <li>Exploring how factors can affect an individual's health and wellbeing positively or negatively.</li> <li>Evaluating how physiological indicators are used to measure health.</li> <li>Analysing how lifestyle choices determine physical health.</li> <li>Exploring the use of the person-centred approach in health and social care settings.</li> <li>Investigating recommendations and actions that are aimed at improving health and wellbeing, alongside support available for achieving this.</li> <li>Exploring the barriers and obstacles that individuals can face when following recommendations and the unique ways that they may be overcome.</li> </ul>	Revision strategies to support exam success
Assessments	Pearson (exam board) Set Assignment worth 30% of final qualification grade	Practice exam papers	60-mark exam paper worth 60% of final qualification grade
Citizenship	<ul style="list-style-type: none"> <li><b>PSHE Development:</b> Teamwork &amp; Collaboration: Studying Health and Social Care helps students build teamwork skills through shared tasks and collaborative discussions. Confidence &amp; Self-Esteem: Presenting ideas and completing coursework in this subject develops students' confidence in their abilities. Empathy &amp; Appreciation of Others: Learning about diverse developmental needs encourages students to become more empathetic and understanding of others' experiences. Responsibility &amp; Accountability: Managing assignments and independent research promotes strong organisational skills and personal responsibility. Resilience &amp; Growth Mindset: Engaging with challenging content and responding to feedback helps students build resilience and a positive, improvement-focused mindset. Emotional Expression &amp; Reflection: Exploring human development supports students in expressing ideas clearly and reflecting on emotions and behaviours. Social Awareness &amp; Analytical Thinking: Understanding how different factors influence lifespan enhances students' social awareness and analytical skills.</li> <li><b>Careers Education:</b> Teamwork &amp; Collaboration: Working together helps students develop cooperation skills. These are essential in professional Health Care settings. Communication Skills: Explaining ideas, sharing observations, giving feedback strengthen clear communication. This is important when working with patients, families and professionals. Creativity &amp; Resource Design: Designing activities and making learning resources builds creativity and problem-solving skills. These help students plan engaging, age-appropriate experiences.</li> </ul>		

Time Management & Organisation: Planning tasks, meeting deadlines, and preparing resources teach students to stay organised. These skills support smooth routines in professional Health Care environments.

Confidence & Professional Presentation: Completing work and presenting ideas boosts students' confidence. This is valuable when interacting with others.

Analytical & Reflective Skills: Observing patients and evaluating activities develop critical thinking. These skills help students understand development.

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Cultural: Exploring how cultural beliefs and practices influence development and care needs, helping deliver inclusive, person-centred support.