



**Every Monday  
morning**

Starting 18th September 2023

**9am - 10am**

**The Venny**

Kingsclere Ave, Southampton  
SO19 9JT



Contact Mrs I Brown (Mental Health & Wellbeing Lead) for more details.



### **What is it?**

**B**elonging,  
**R**elationships, and  
**E**mothional  
**W**ellbeing.

Here at *Weston Secondary School* we understand how wonderful yet challenging parenting can be. We are here to support you and your child(ren).

Every Monday *Weston Secondary School* runs 'Weston BREW Coffee Morning' from 9 until 10am at Weston Adventure Playground (The Venny), Kingsclere Ave, Southampton SO19 9JT.

If you're unfamiliar with the area 'The Venny' is situated around the back of Canberra Towers, on the left near the entrance to the West Woods.

Please use this QR Code to view its location on Google Maps:



Every Monday you are welcome to come along and chat with Mrs Brown, our *Mental Health & Wellbeing Lead*, as well as meet other families.

Some weeks have a specific focus, but every week is about providing an informal, safe space in which we can work together to support our children. Tea, coffee and biscuits are provided.